

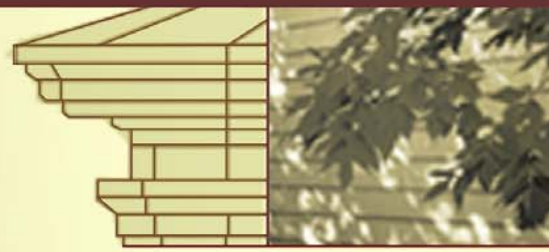


Maharishi Sthapatya Veda®



“Because the individual is cosmic, everything about individual life should be in full harmony with cosmic life. Maharishi Vedic Architecture® gives dimensions, formulas, and orientations to the buildings that will provide cosmic harmony and support to the individual for their peace, prosperity, and good health – daily life in accordance with Natural Law, daily life in the evolutionary direction.”

- Maharishi Mahesh Yogi



Principles of Maharishi Sthapatya Veda®

- Proper Orientation
- Proper Placement
- Proper Proportion
- Natural, Non-Toxic Building Materials



Orientation

The most important principle of Maharishi Sthapatya Veda® is right direction and orientation. With reference to a building it is the main entrance, that determines the direction in which a building faces, in which direction it is oriented.

Examples of Good and Bad Effects of the Orientation of Buildings

Direction of entrance has different effects.

GOOD



→ East

- Layout of the house should be aligned north/south, east/west.
- Entrance on the east is auspicious—positive influence of affluence and fulfilment.

BAD

Tilted layout of the house is always inauspicious.



BAD

Entrance facing south:
Destructive influence, problems,
and suffering



These effects can be verified by anyone living in such buildings.



Placement

Ideal Placement Promoting Progress, Peace and Prosperity

According to Maharishi Sthapatya Veda® there is a suitable place for the entrance, the living room, the kitchen, the dining room, the study, and the bedroom in any home. This is based on Vastu Vidya – knowledge of the correct positioning for storage and generation of different elements used in the building, such as fire (used for cooking), or water (for bathing, etc.).



Proportions

Vedic Measurements and Proportions

In Maharishi Sthapatya Veda® the proportions and measurements of the building and the rooms are designed and calculated in the light of the general proportions of the human physiology and the symmetry of the Cosmic Physiology, using the ancient mathematical formulas of Vastu Vidya of Maharishi Sthapatya Veda®.



Orientation Considerations

- Unobstructed view to East
- Slope of land
- Location of bodies of water
- Direction of water flow



Orientation Research

Beneficial Influence of East Light

Hospitalized patients in rooms with Eastern sunlight could be released on average four days earlier than patients in rooms with only Western sunlight

This confirms the ancient principle of Vedic Architecture[®] of designing all buildings East-facing and with maximum East light for every inhabitant.

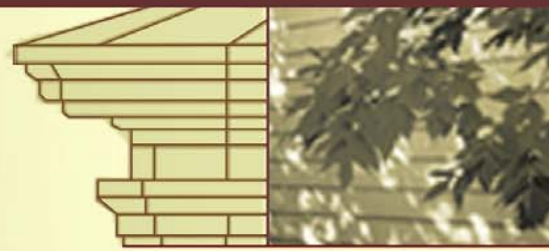


Security Orientation Research

Effect of Orientation on Security

75% more burglaries in South-facing houses than in houses facing East, West or North.

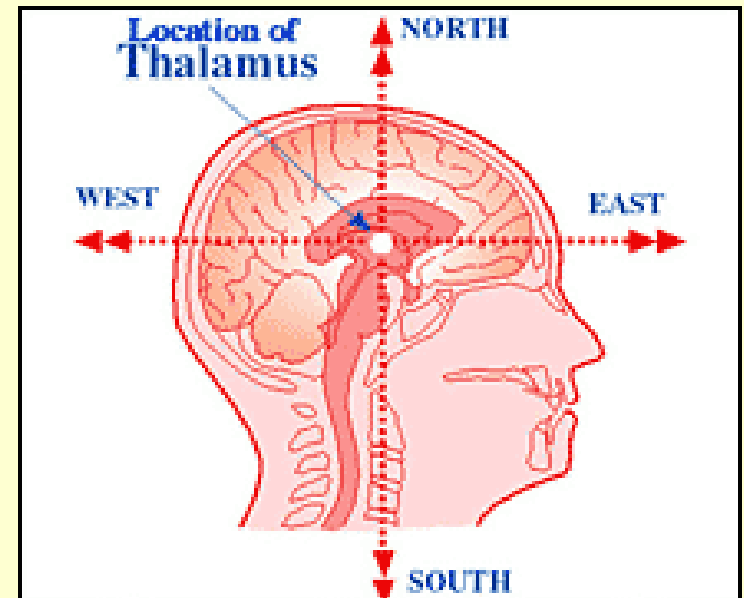
This confirms the recommendation of Vedic Architecture[®] to close and avoid all Southern entrances and orient buildings facing East or North.



Brain Orientation Research

Effect of Orientation on Brain Functioning

Recent research in modern science has now confirmed that our brain is highly sensitive to orientation, position, and direction in space.





Brain Orientation Research

The obvious conclusion is that one's inherent sense of direction (orientation) and order gets confused in daily life when one lives in a building with wrong orientation, not built according to Maharishi Sthapatya Veda[®] – Vedic Architecture[®], resulting in physiological, psychological, and behavioral imbalances of all kinds



Health Orientation Research

Effect of Orientation on Health

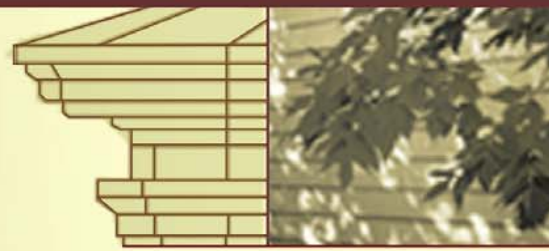
Patients living in homes with South entrances had significantly poorer health and more financial problems than patients with North or East entrances.



Health Orientation Research

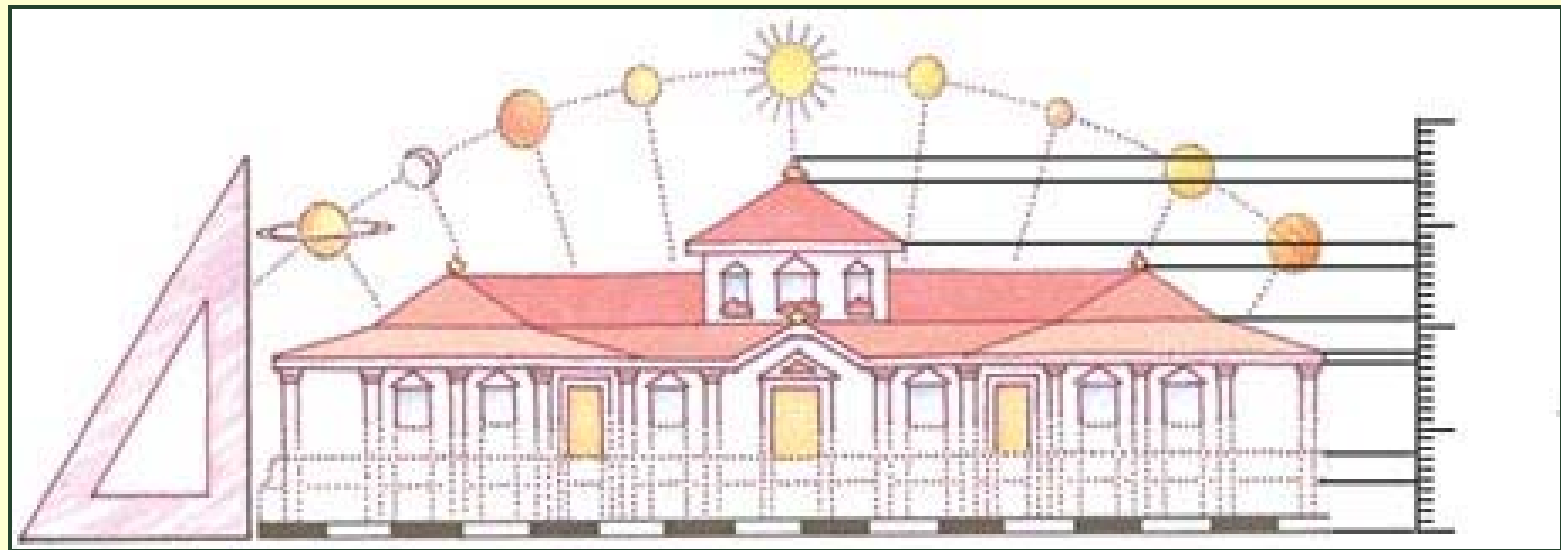
This confirms the ancient principle of Vedic Architecture® that only East and North entrances are beneficial for good health and prosperity.

Also, those who slept in North-facing beds suffered from significantly more depression and anxiety than those who slept in beds without this orientation. This confirms the ancient principle of Vedic Architecture® of orienting beds (head end of bed) toward East or South and never towards North.



Proportions

Ancient mathematical formulas of Vedic Architecture® take into account the influence of sun, moon, and planets, as well as harmonious Cosmic proportions





Other Considerations

Natural, Healthy Building Materials

Another important aspect of Maharishi Sthapatya Veda[®] is building with natural, non-toxic materials suitable to the local climatic conditions. This includes materials like naturally treated and painted wood, bricks, rammed earth and adobe, straw bale, etc. as well as natural finishes such as clay stucco, marble and tiles, natural fibers for carpets, curtains and furniture, and healthy, natural, non-toxic paints, glues and wallpaper.



Benefits

According to the tradition of Maharishi Sthapatya Veda® design, houses and offices not built in accord with Natural Law can create problems including:

- anxiety, depression
- illness, chronic disease
- blocks to creativity
- bad luck, financial loss
- obstacles to progress and success
- disharmony in relationships, breakdown of family
- anti-social behavior and even criminal tendency



Benefits

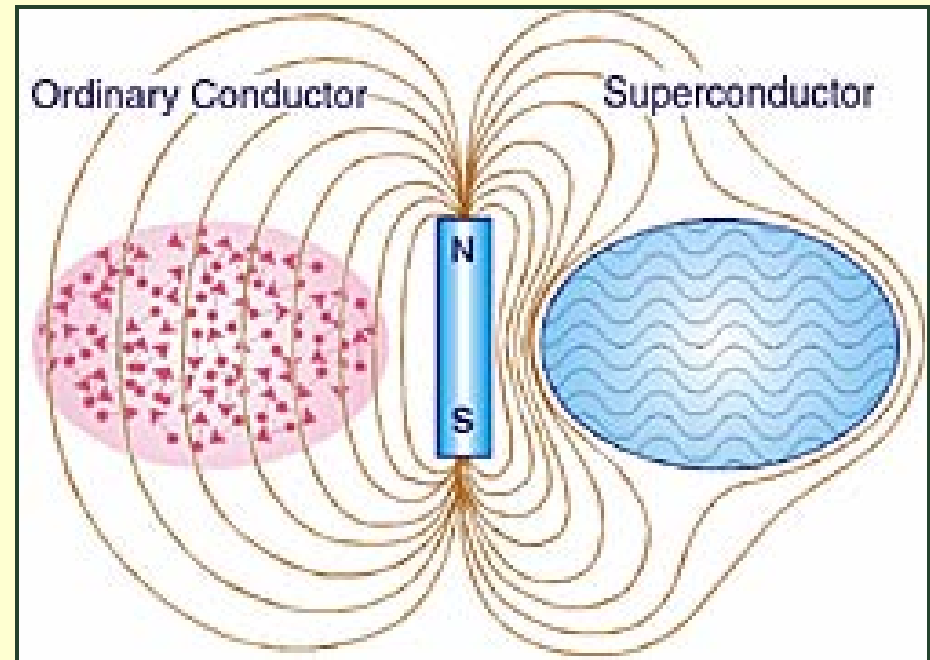
People who live and work in buildings designed according to Maharishi Sthapatya Veda® architecture find that they:

- think more clearly and creatively
- make better decisions
- feel happier and healthier
- feel more alert and refreshed throughout the day
- enjoy more restful and refreshing sleep
- enjoy more energy and less fatigue
- experience less stress and greater peace of mind



Support of Natural Law

The principle of the Meissner Effect from Quantum Physics verifies that the inner coherence and harmony of a system expels disturbing influences. This explains how the order, harmony, and good fortune, generated by an ideal Vastu, disallow the penetration of any harmful, negative influence.



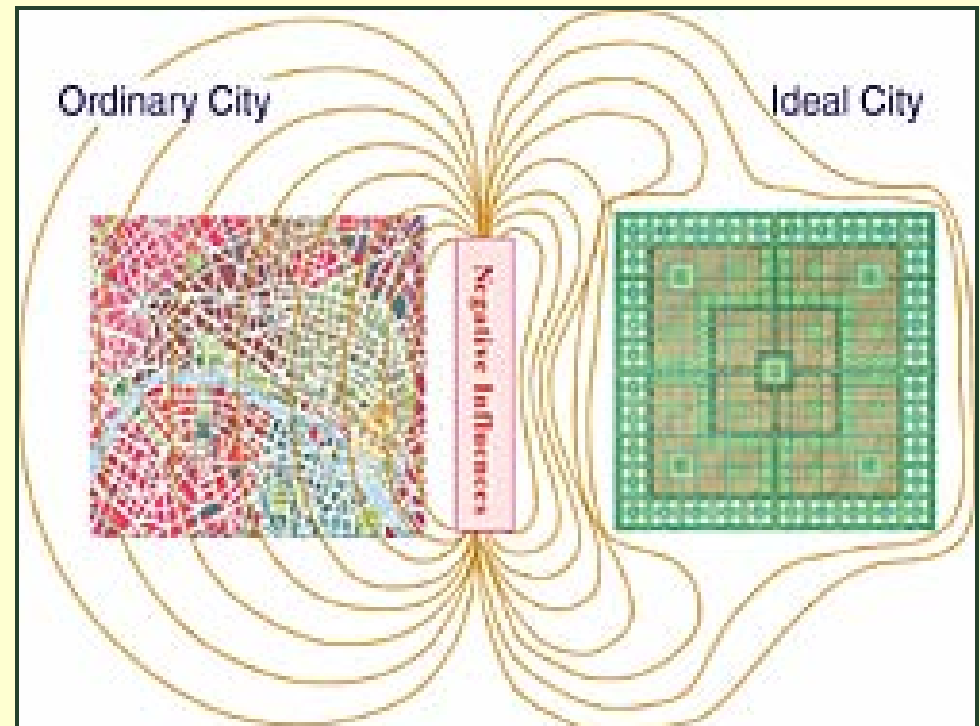
Meissner Effect

An Example of Invincibility in the Quantum Physics of Superconductivity



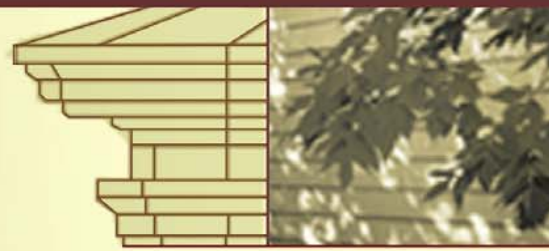
Support of Natural Law

In an Ideal City with an ideal Vastu—ideal orientation of buildings—all roads run North/South, East/West, creating cross-ventilation and enriching city life with the evolutionary power of Natural Law—creating order.



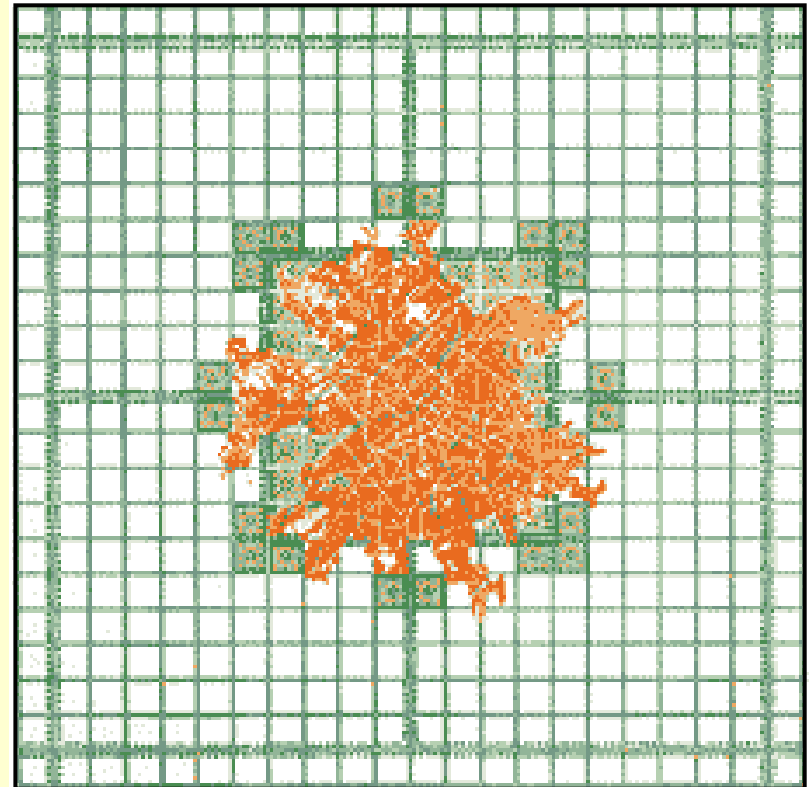
Maharishi Vastu Effect

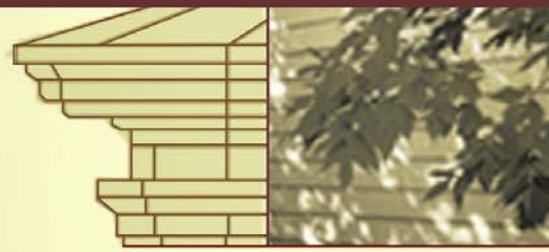
An Example of Invincibility through the Establishment of an Ideal Vastu.



Transforming a Chaotic City into an Ideal City

Phase I - Controlling the expansion of the city by establishing a master plan with parallel roads in East-West, North-South directions

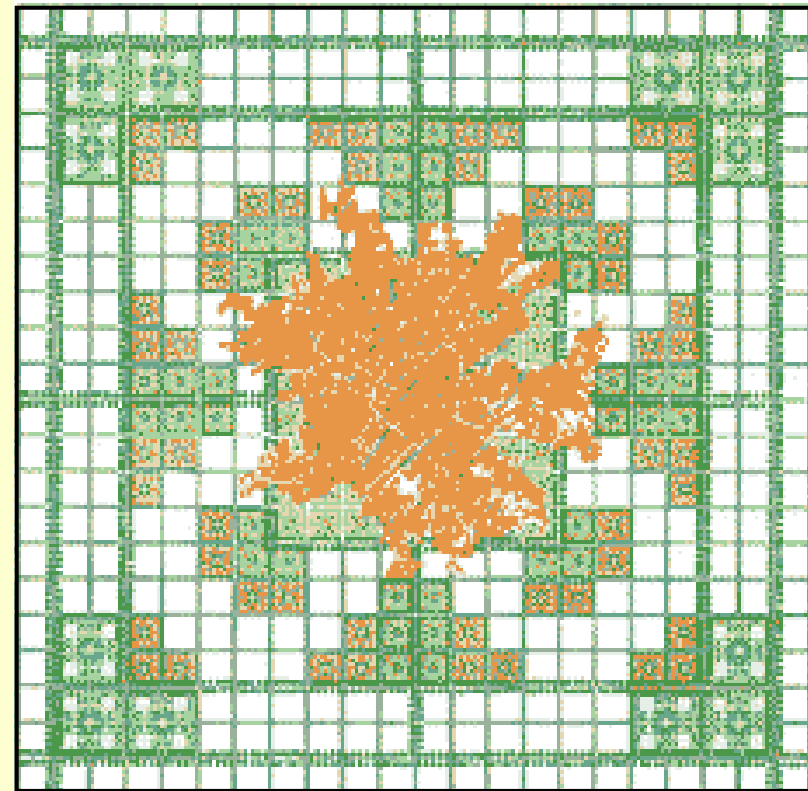


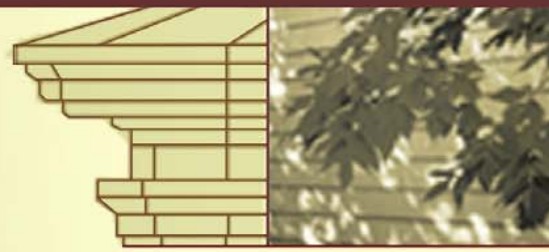


Transforming a Chaotic City into an Ideal City

Phase II –

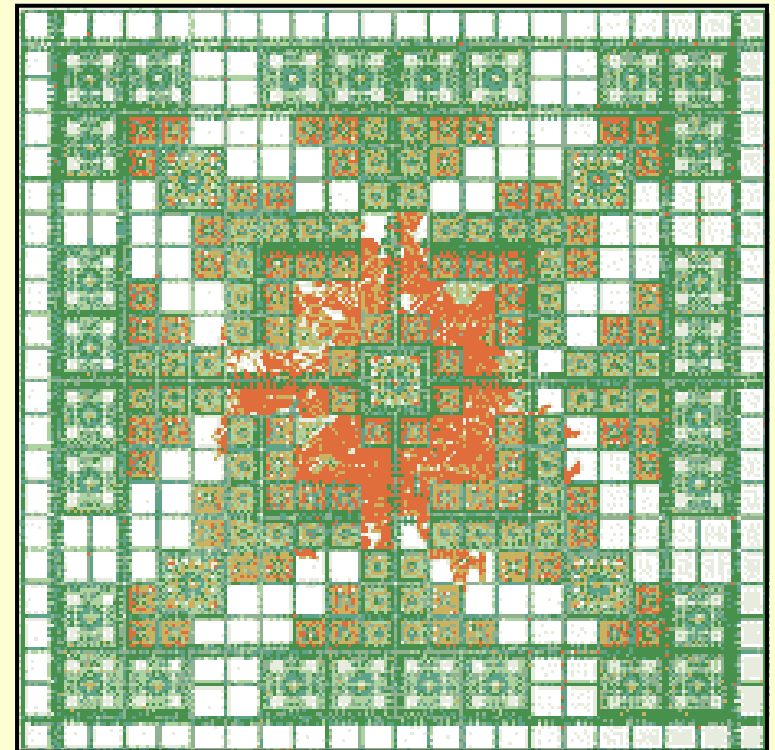
Construction of ideal villages and satellite towns around the city, free from pollution, noise, and stress, set in landscaped gardens.

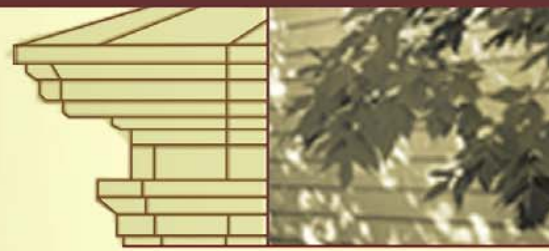




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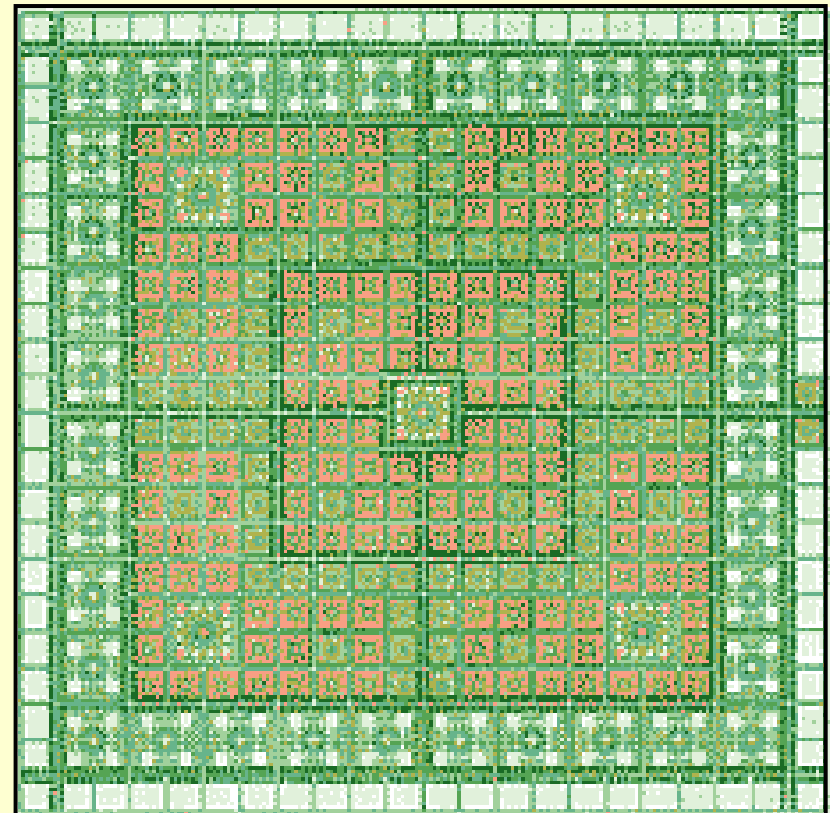
Phase III – Starting to demolish congested areas in the city centre, replacing them with beautiful gardens, parks, and fountains.



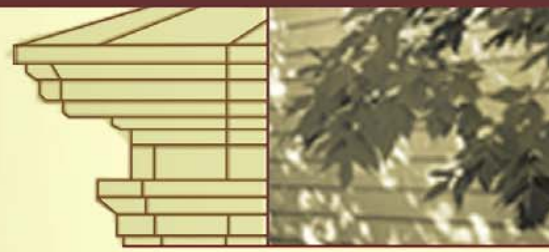


Transforming a Chaotic City into an Ideal City

Phase IV – Final stage of the expanded garden city – providing ideal living conditions, including modern transportation systems.



VEDIC
homes



built in accordance with Natural Law

Ideal Communities for Ideal Life

